
PROGRAM GUIDE 2024/25

BEING A COMPASSIONATE AND
ENGAGED COMMUNITY OF FAITH



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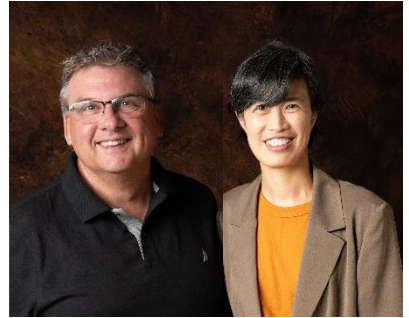
Being a Compassionate and Engaged Community of Faith

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2024/25 Program Guide

Welcome to our 2024/25 Program Guide. Our theme for this year is “Being a Compassionate and Engaged Community of Faith” and as such many of the program offerings will help us dive deeper into what this might mean for us as a faith community. This theme grew out of a visioning process and the feedback received in the first part of 2024.



Mark Green and Ha Na Park

You will find within these pages a wide variety of program opportunities for learning, connecting, growing and serving. Some of these groups happen regularly, some happen for just a few weeks at a time. Some meet in person, some are online opportunities through zoom. We have tried as much as was possible at the time of printing to indicate what groups, events and happenings would be available from Sept – June but we know there are things that were likely missed. Some new things will emerge in the year and the newsletter, Friday email (Bits & Bytes) and Sunday Bulletin will highlight those things as well.

What we have also tried to do is offer a wide variety of programs of engagement so that all learning styles and needs might find something of interest to them in these pages. Most of the programs are free and those with a cost are eligible for bursary support as money should not be a barrier to participation.

We are grateful to the many who have offered their time and leadership for these offerings, and we hope you will help spread the word about what is being offered. These programs and events are without barriers and are open to anyone.

We look forward to the ways our paths will cross.

Mark Green and Ha Na Park

To register for any of our programs please visit our website.
broadviewunited.com

Most of our programs are free, we do not want finances to ever
interfere with your Spiritual Journey at BVU.

If you need financial assistance, please speak to a minister.

ADULT GROUPS

12 Steps to a Compassionate Life

Date: Tuesday Evening Sept 10 – Oct 15 2024 **Time:** 7-9 pm

Facilitator: Mark Green and Shelagh MacKinnon



Using Karen Armstrong's book "12 Steps to a Compassionate Life" we will over 6 weeks explore the challenges and gifts of learning to live compassionately in a world that feels broken and fraught with conflict. Changing the dynamics of the conversation so that they are filled with compassion for one another and for our own selves, can be a powerful force for change and transformation in our world.

Circle CHAT

Date: Second Wednesday of each month
(Starting Sept. 11th)

Time: 1:30-3:00 pm

Leadership: Val Bauld and Margaret Harper



A drop-in group for women elders who delight in conversation. Each session there will be time to share our stories, support each other, laugh, visit and of course, refreshments.

Come to connect with old friends and make new ones. Registration is not required. If you need a ride or would like more info, please direct to margaret@broadviewunited.com or valbauld5@gmail.com

Movie Night

Date: Fourth Saturday of each month **Time:** 7 pm

Place: BVU Sanctuary

Leadership: Mark Green



Join us each month for an exploration of our monthly worship theme through a variety of award-winning movies. Some are funny, some are well known, some are emotional but all of them cause us to think and engage our faith through the magic of cinema. Each month the movie title will be published in the newsletter, and you are invited to join us. Popcorn, beverages, and other snacks provided. Discussion follows the film.

ADULT GROUPS

The Writing Space

Date: Every Wednesday starting September 11 **Place:** Chapel

Time: 10 to 11:30 am

Leadership: Edeana Malcolm



Find some space in your busy life to do that writing you've always wanted to do, whether it's journaling, memoir, fiction, or whatever. You'll find inspiration in the beautiful chapel ambience, the writing prompts and the encouragement of other writers.

Young Adults

Date: First and third Sundays of the month
(Starting September 15)

Time: 12:15 pm **Place:** BVU Commons

Leadership: Mark Green and Jake Highfield



Young Adults aged 18 to 30-ish will be meeting with Mark Green and Jake Highfield in The Commons for a free lunch on the 1st and 3rd Sunday's right after the 11am worship - around 12:15. We're an inclusive group that seeks to connect socially and spiritually, building a community that loves, leads and accepts radically. We also gather on occasional basis for activities like escape rooms, mini golf, and dinner & games nights. Our first lunch is September 15th. All are welcome - bring your friends!

The Evolving Church Team

Date: Meet every first Wednesday of the month

Time: 10 am to noon

Place: BVU Cedar Room



The group has two main focuses: **First**, following in the way of Jesus by supporting identified or unidentified needs in the community that are not being supported by anyone else, such as the Hamper Program out of the North Park Neighbourhood, the International Overdose Awareness Day, special teas for the seniors at Our Place or supporting other teams such as the Justice Animation Team. **Second**, wrestling with our faith with our questions and doubts, and having discussions within our group, or offering sessions like this to others. For more information, contact Rev. Shelagh MacKinnon.

ADULT GROUPS

BVU Quilts for Survivors

Monthly Sew and Social:

Second Saturday of the month, in The Commons from 10:00am to 4:00pm.



Weekly Drop-In Workshops in the Cedar Room:

Mondays - drop in between 9am and 12pm and **Fridays** - drop in between 11am and 2pm

Contact: Vivian Skinner vivianskinner@shaw.ca

At Broad View United the BVU Quilters are making quilts and gifting them to survivors of the residential school system through the QUILTS FOR SURVIVORS Project. Please join us, no experience necessary. We're all learning together as we have fun creating.

Book Worms

Date: 1st and 3rd Wednesdays of the month starting on Sept. 18.

Time: 1:30 pm **Place:** Chapel

Contact: Janis Evans rjevans1@telus.net



This group meets twice a month in BVU Chapel to collectively discuss a selected book, encouraging all to share insights. Whether you're an avid reader or just looking to join a community of fellow book lovers, this group offers a welcoming environment for all. The season starts on Wednesday, September 18 at 1:30 PM in the Chapel with the study book "Spiritual Science" by Dr. Steve Taylor.

Holy Land: Unholy Conflict

Date: Wednesday, September 18, 2024

Time: 7 - 9pm **Facilitator:** Rev. Larry Scott



"Holy Land: Unholy Conflict" is a ninety-minute slide presentation on Palestine/Israel, with commentary by retired minister Larry Scott. For those interested in an historical overview of Palestine-Israel from biblical times to now, this presentation gives background on the present geopolitics of the region, and why a peaceful resolution of competing justice claims is complex. 30 min Q&A time to follow. Larry has travelled to Palestine/Israel and was a history major, before studying for ministry.

ADULT GROUPS

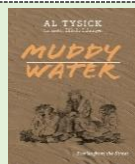
Muddy Waters: Stories from the Street

Date: Wednesday Oct 9th

Time: 7 - 9 pm

Place: Sanctuary

Guest: Al Tysick



A lifetime on Canada's streets results in vivid stories ranging from despair to humor to hope. Voices of street people are seldom found in print, yet homelessness, addiction, mental illness, poverty, and other factors are major issues today. As a minister of the United Church of Canada, Rev. Al Tysick deals with the entire range of human experience in this unique Book that helps us to understand street life.

Al will be present to share some stories and insights and introduce his book. A time of Q&A will follow and then a time for signing books will be in the Commons at the end.

From Age-ing to Sage-ing

Date: Thursdays starting Oct 10 -Nov 14 (Introductory Level)

Thursdays Feb 27 – Apr 3, 2025 (Aging with Courage)

Time: 10 am to 12 noon (Zoom)

Leadership: Annie Klein



BVU is pleased to offer both the Introductory level in the fall and an advance level (Aging with Courage) of the course "From Age-ing to Sage-ing", Come and find a new way of growing older, aging well and living your life more consciously, more joyfully and more compassionately! The introductory level is a prerequisite for participating in the next levels, but they do not need to be taken sequentially.

Annie Klein has been trained in Age-ing to Sage-ing International and has been offering these courses in Victoria for several years. If you are interested in either phase or both, please indicate your interest by registering online.

ADULT GROUPS

Broad View Knitters

Date: Second Tuesday of each month **Time:** 1 to 3 pm

Place: BVU Cedar Room

Leadership: Liane Clark



Beginners and advanced creators gather for knitting, crocheting, and conversation. We make items for donation to charitable organizations as well as for ourselves, family and friends. Advice is available for those looking for help.

Flatlanders Walking Group

Date: First Saturday of each month

Time: 1 pm

Place: Various locations in and around Victoria

Leadership: Vicky Attwell and Earl Jenson



Looking for an easy afternoon stroll and some good company? Join the Flatlanders walking group. The walk, rain or shine, is led by rotating volunteers from the group on flat terrain for about one hour followed by coffee at a local cafe. All are welcome.

Broad View UCW Group (United Church Women)

Date: Meeting on first Tuesday of each month

Time: 11 am - 2 pm **Place:** Narthex

Contact: Marie McKee at emarie@shaw.ca



BVU UCW is an open and welcoming group of women who meet monthly, and who would love to welcome new members to join them. Our time together includes Witness, Study, Fellowship and Service.

BVU UCW meetings include programs such as Angel Gifts, ROTOM, the BVU Sunday School, and other outreach programs. We also host special events throughout the year. October 1 is the date for the Least Coin, a service with an international tradition and perspective. In the Spring, the annual "Ecumenical Service for the World Day of Prayer" will also be hosted. All are invited to these special events, and you do not need to be a UCW member to participate.

ADULT GROUPS

Living Faith Mindfully, and Fabulously:

An Exploration to How to Nurture Resilience

When: Epiphany Season in 2025

Leadership: Ha Na Park and other spiritual leaders



Pema Chödrön

For those whose life circumstances are just like a rainbow, for example, “The Celebration of Pride happens, despite rain or storm”, nurturing resilience can make a difference, every day. Ha Na plans to collaborate with other inclusive spiritual leaders in the neighbourhood to create a series of 6 sessions to explore how to live faith mindfully and fabulously, with teachings and concepts from Buddhist and Christian traditions. If you are interested, Ha Na invites you to start reading Pema Chodron’s, *Comfortable with Uncertainty: 108 Teachings on Cultivating Fearlessness and Compassion*. Registration is open. Please use the [Jotform](#) on the BVU website.

Life after Doom Book Study

Date: Tuesday evenings, March 4 – April 8th, 2025

Time: 7 - 9pm

Facilitator: Mark Green



Blending insights from philosophers, poets, scientists, and theologians, *Life After Doom: Wisdom and Courage for a World Falling Apart*, explores the complexity of hope, the necessity of grief, and the need for new ways of thinking, becoming, and belonging in turbulent times. This 6-week exploration will give space for participants to both voice their fears, knowing they are not alone, and also hear and practice strategies for engaging change and finding hope again.



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INTERCULTURAL

Greetings from Broad View United's intercultural space! Here, we embrace belonging, foster friendship, and encourage transformation. We invite you to explore our diverse intercultural programs as we step into an intercultural future. Everyone is welcome, and all are invited to participate.

English Conversation Circle (via Zoom)

Date: Thursdays **Time:** 3:30 pm – 5 pm

Leadership: Min-Goo Kang



Step into our English Conversation Circle, a welcoming space where individuals from various backgrounds unite to enhance their English skills while learning about cultural differences. Our platform offers a safe and encouraging learning environment, enhanced by experienced mentors dedicated to refining your English-speaking skills. With the company of a vibrant community mastering English becomes an enjoyable journey. Embrace the chance to cultivate not only language proficiency but also lasting friendships. Your presence would enrich our circle, and we extend a warm invitation to you to join us! No registration is required, but you need a Zoom link (the same link for every session) to connect. Please contact Min-Goo for the link.

Intercultural Bible Study

Date: 1st Wed of the Month – starting September

Time: 7 pm – 8:30 pm **Place:** BVU Chapel

Leadership: Min-Goo Kang



You don't need a degree in the Bible to understand the Word, but you do need a community to be challenged and nurtured by the Word. This Bible study is based on the belief that our lived experiences are the primary resources for us to interpret the Word. Sitting in a circle, we will create a respectful and sacred space where every voice is heard and honoured. We will use the same Scripture passage that you will hear on Sundays during each month. Our methods include, but are not limited to, Mutual Invitation & Kaleidoscope Bible Study Process by Eric Law. (www.kscopeinstitute.org/free-resources) Come and join in feasting on the Word.

INTERCULTURAL

Intercultural Saturday Social: ping pong, games karaoke, workshops, and so much more.

Date: Saturdays

Time: 6:30-8:30 pm

Place: Commons, The Hub

Leadership: Min-Goo Kang



Join us for a vibrant Saturday evening filled with interactions through ping pong, games, singing, dancing and sharing food. We create a space where everyone, regardless of their cultural backgrounds or languages, can find a sense of home – not as a location but as a feeling. The intercultural space at BVU strives to be a place of belonging for anyone who is open to new friendship, experiences, and learning from other cultures. Anything is possible when we come together with open minds and hearts. Embrace the intercultural spirit and make your Saturday night truly remarkable!

No registration is required, but if you want to stay in touch with our current activities, please email Min-Goo at min-goo@broadviewunited.com. Find us on Facebook at The Intercultural Space @ Broad View United.

Taste of Home – Storytelling through Food

Date: Spring of 2025

Place: Kitchen in Commons

Leadership: Min-Goo Kang



Over 5 weeks, people from diverse cultural backgrounds will teach us how to cook the food of their childhood. Participants will share their own stories inspired by the food and the chef's story. At the end of the five weeks, everyone in the congregation will be invited to join us for the Taste of Home Potluck – an Intercultural Celebration. You will hear stories of how this program made an impact on the participants. You are invited to add to the supper and conversation. Please bring the food of your childhood memories.

‘Everyone has a story, and so does every dish.’

Note: *This program is for folks who have just come to Canada within the last 5 years.*

CHILDREN & YOUTH

Sunday Morning Creche

Date: Sundays **Ages:** 6 months – 3

Time: 9:30 am & 11 am

Leadership: Meadow Dykes



A caregiver will be available in the creche most Sundays for infants and toddlers who are ready to be left in care. Parents are also welcome to hang out in the creche room with their child where toys and stories are available while the service is livestreamed into the room for the adults.

Sunday Morning Children's Program

Date: Sundays **Ages:** 3 – 10

Time: 9:30 am & 11 am

Leadership: Micia Kanstrup



Welcome to an exciting year of faith exploration with our programs for toddlers on up! Following the Children's Time in the sanctuary, we move to our own space to explore the stories and teachings of Jesus, and the many ways that God's love and gift of hope encourage and guide us. We gather in small groups by age, with stories, crafts, conversation, fun activities, science and games to learn and connect our faith with everyday life.

Drop In Playgroup

Date: Every Monday, Wednesday and Friday

Time: 9:30am - 11am **Place:** The Hub



Families and caregivers with children under the age of 5 are invited to join us downstairs in The Hub for a free drop-in playgroup, to play, explore, socialize, learn, laugh and develop. Our time together includes free play time, short circle time and a snack time (food provided). Coffee and tea are available throughout. Leadership is shared with BVU in partnership with Saanich Neighbourhood Place (SNP). Monday includes sing and play – a time of songs, rhymes and stories. All are welcome - pass the word to your friends and neighbours with little ones!

CHILDREN & YOUTH

Sunday Morning Youth Program

Date: Sundays

Ages: 11 and up

Time: 11 am

Leadership: Jake Highfield



Join Jake and your peers to explore the stories of our faith and questions each youth brings. A time of discussion, art and connecting and exploring opportunities to deepen one's spiritual journey.

BVU Youth Groups

Junior Youth in grades 6 to 8 meet in The Commons the 1st and 3rd Friday of the month from 6:30-8:30 starting Friday, September 6th.

Senior Youth in grades 9 to 12 meet in The Commons the 2nd and 4th Fridays of the month from 7 pm to 9 pm starting Friday, September 13th.

Our Youth Groups meet every other week to build community and get to know one another through fun and games, snacks, discussion, and lots of laughter. You do not need to pre-register and friends are more than welcome and encouraged. This is a safe space to meet new people and test out new ways of being with their peers. Leadership is provided by our Youth Minister Jake Highfield along with Karl Hiscock. You can reach Jake at jake@broadviewunited.com

BVU Family Night

Dates: Second Friday of the Month (starting Oct 11th)

Time: 5:30 – 7:30 pm **Cost:** Free

Leadership: Micia Kanstrup, Meadow Dykes, Mark Green



Come join us at the end of a busy week for some shared family time. As you arrive there will be centers with a few crafts and activities, then a child friendly supper will be provided followed by a few more games and activities. As the time draws to a close, we will end with some circle time of a story book or two and some songs to conclude our time together. While this is aimed at families with children 0-10, those who have older children are also welcome. RSVP helps us plan for food.

PASTORAL AND SPIRITUAL CARE

Pastoral Care was at the heart of Jesus' ministry as he journeyed beside the hurting and suffering. He cared deeply for those bowed down with pain of mind, body, spirit and emotion. We are blessed with many exceptional folks who offer their love, nurture and care on a daily basis as their commitment to this shared ministry. We affirm that times of transition and change are tough to navigate, thus we find comfort in the reality that 'where two or three are gathered', we are not alone.

Prayer Connection Ministry

Team Lead: Jean Margison

Confidential request: jean@jampot.ca or
prayer@broadviewunited.com



Broad View United has a dedicated group of individuals who are committed to praying on behalf of you, someone you love, or any situation that is heavy on your heart. All requests are held in utmost confidence.

Confidential requests can be sent to Team Lead Jean Margison: jean@jampot.ca; prayer@broadviewunited.com or via the [Jotform](#) on the BVU website.

Parkinson's Support Group: A New Initiative

If interested, please contact:

Margaret Harper: margaret@broadviewunited.com or

Louise Booth: louisebooth2@gmail.com



Are you a person currently living with Parkinson's disease, or a family member/friend to someone with Parkinson's? This is a new group at BVU that will meet monthly for support, friendship and spiritual nurture. Many people living with Parkinson's are well connected to local resources. This group is meant to augment other activities and is designed to provide participants with a safe space within the faith community for conversation with others who are traveling on a similar path. Please reach out to Margaret Harper margaret@broadviewunited.com, or Louise Booth louisebooth2@gmail.com if you or a loved one is interested. Meeting times to be chosen by participants.

PASTORAL AND SPIRITUAL CARE

Let Not your Hearts be Troubled

Date: All Saints-All Souls season

Place: BVU Sanctuary

Leadership: Shelagh MacKinnon



This is a service of Remembrance and Celebration during the All Saints-All Souls season. There are beautiful opportunities to light candles of remembrance as poetry, scripture and music shape our time together. "In life, in death, in life beyond death, God is with us." So, we affirm in our creed, and in this gentle service, with intention and compassion, we turn our thoughts to those who have influenced our lives, our communities and our world through their living, and whose influence lives on, beyond their dying. All are welcome

Exploring Grief and Loss Together:

Sessions for Those Who Are Grieving

Start date and time in 2025 will be chosen once sufficient numbers have expressed interest.



To be human is to know that inevitably we will all face situations of loss and grief, sorrow and change, heartbreak and despair. Learning to navigate the complexity of emotions as a result of the grieving process is a path that can be lonely, difficult and often overwhelming. Joining with others who are on a similar path can provide tremendous relief and the sense that we are not alone.

If you have experienced a death loss, please know you are welcome to gather with us in a safe and confidential place to process the feelings and phases of grief.

Please reach out to BVU Pastoral Care Minister, for more info and to register.

Margaret Harper margaret@broadviewunited.com

CONTEMPLATIVE MINISTRY & SPIRITUAL PRACTICES

"Spiritual practices are specific activities you do to deepen your relationships with the sacred and the world around you. Practices help one connect to God (or whatever name you use to describe that "something more" beyond yourself). They enable you to become actively engaged with your inner or "true" self — the depth of your being". Here is a sample of what we are offering this year. We would love for you to join us.

Sacred Pause at Day's End

Date: Mondays starting Sept 9 (excluding holidays)

Time: 8:30-9:00 pm via Zoom **Leadership:** Margaret Harper



Living in this world requires much of us. The ebbs and flows of life can leave us longing for a quiet place to simply be with no agenda than to listen to the still, small voice within and to honour the experience of the day that has been. Sacred Pause at Day's End is an opportunity to gather 'together' online. We will ground ourselves with a poem, a reading from a sacred text or an excerpt from a wide body of spiritual literature, and then enter into a brief time of contemplation, guided meditation and silence. NO previous meditation experience is needed, only the desire to enter a space of calm and quiet. To receive the zoom link or to inquire further please contact margaret@broadviewunited.com

Tai Chi Chih

Date: Every Tuesdays starting Aug 27 **Time:** 9:30-10:30 am

Place: BVU Commons

Leadership: Eileen Campbell



Tai Chi Chih is a gentle form of Tai Chi which concentrates on health and balance rather than the martial aspects of Tai Chi. There are only 20 positions in this form, so it is easy to pick up and no special clothing is needed, just comfortable clothes. **The group meets on Tuesday at 9:30 starting August 27th.** The sessions begin with self-massage, a few stretches then followed by the form. The class ends at 10:30 and is free. We meet in the BVU Commons room. If you would like more information, contact Eileen Campbell: ecchome@shaw.ca

CONTEMPLATIVE MINISTRY & SPIRITUAL PRACTICES

Gentle Yoga on Mondays and Chair Yoga on Wednesdays

Place: BVU Narthex **Leadership:** Elaine Duke



Join us at Broad View for accessible Yoga Classes.

Monday's class is a Gentle Hattha Class held at 10:30 until 11:50. This class is for anyone who can get down on and up from a mat.

Chair Class is held on Wednesdays at 10:30 until 11:30. A warm, welcoming class. Give it a try.

Check our website for more details.

Lectio

Date: Every Thursdays via Zoom starting September 12

Time: 8:30-9:30 am

Contact: Eileen Campbell at ecchome@shaw.ca



Lectio is a meditative spiritual practice using a passage (scripture, poem, paragraph, prayer) which is read aloud by individuals three times per set. After the first reading the group identifies a word or phrase that speaks to them. The object is not to understand what the passage says as a whole is saying, but what draws the listener's attention. The passage is read again three times, and the members of the group share a feeling or vision that the word they chose invokes. The passage is read again three times, and after this set of readings the group shares the invitation that they received for the week invoked by the word they had chosen. All are welcome to join.

To register for any of our programs please visit our website.

broadviewunited.com

Most of our programs are free, we do not want finances to ever interfere with your Spiritual Journey at BVU.

If you need financial assistance, please speak to a minister.

BUILDING COMMUNITY

Community Building and Spiritual Practice

Date: Fourth Wednesday of the Month

Time: 6 - 8 pm

Cost: Free



Each month we will share a simple meal together with purpose of deepening our connections with one another.

We engage in a time of sharing of food around tables along with conversation, laughter and getting to know each other. Sometime this will be soup and bread, other times pasta or BBQ. But always a simple meal with GF and Vegetarian options provided. All are welcome.

Mindful Mashup

Date: Mondays **Time:** 3:30pm – 4:30pm

Start date: Sept 16, 2024 and **End date:** Dec 2, 2024

Location: UVic Multifaith Centre



Note: *This program will not happen on September 30 (National Day for Truth and Reconciliation), October 14 (Thanksgiving), and November 11 (Reading Break).*

This program is open to members in the community. Folks from BVU are most welcome!

Join us on a journey of discovery by exploring different mindfulness approaches such as walking meditation, intentional napping, laughter meditation, and contemplative experiences in nature. Each session will offer a sample of practices to help expand our wellness toolkits. Through cultivating mindfulness, fostering a sense of wonder and joy, and deepening our connection to the natural world, we can rediscover the Mystery within.

This program is facilitated by Ruth Dantzer (Anglican Co-Spiritual Care Provider) and Min-Goo Kang (United Church Spiritual Care Provider).

BUILDING COMMUNITY

Journey – an Intercultural Worship, **integrating spirituality, the arts, and conversation**

Date and time: 9:30 Sunday morning

Place: BVU Sanctuary

Organizers: Min-Goo Kang, Ha Na Park and Nicola Watts



At scheduled intervals, *Journey - an Intercultural Worship*, will be shared at 9:30 am Sunday morning, creating a space and worship that invites embodied spirituality, sensory-based prayer stations, and the arts. The congregation will engage with community voices from the speakers: BIPOC (Black and Indigenous People of Colour) artists, and those who are active in the margins. Together, as a creative and faithful congregation, we will continue to explore what it means to be an intercultural church.

Guys' "Water Into Wine" Night

Date: Every second Tuesday of the month

Time: 7:00pm – 9:00pm

Location: The Rack West Coast Bistro, 1550 Cedar Hill X Road

Contact: David Bray davidbray@shaw.ca



Join with men of all ages who simply want a change to connect with other men in the congregation for a time to conversation, sharing of life stories and an exchange of ideas. Order a beverage of your choice, pull up chair and enjoy a time of fellowship and camaraderie. This is a drop-in group, and no registration is required. We look forward to seeing you.

Broad View Exercise Group

Date: Thursdays **Time:** 9 – 9:50 am

Location: The Hub

Contact: Agnes Knowles



The Broad View Exercise Group is for seniors who wish to improve or maintain their range of motion, flexibility and balance. 45 minutes of standing and sitting exercises using hand weights and resistance bands with a stretch and relaxation component at the end. A friendly and supportive social group.

MUSIC MINISTRY

BVU Community Choir

Date: Thursdays Sept 5 – Dec 5 (Term 1), Jan. 9 – April 3, 2025 (Term 2)

Time: 7pm - 8:30pm

Place: BVU Sanctuary

Leadership: Brian Tate

Our goal at BVU is to create an opportunity for folks to sing together with others as a Spiritual Practice. It is a chance to come together to sing with your whole body and soul, to learn some new music and ways of engaging in group singing that fills up your whole self and leaves you feeling renewed and refreshed. This is a non-audition choir with two terms and **a concert for sharing with others at the end of each term (Dec 8 and April 6)** but this is not the prime reason to gather. We gather simply to sing and nurture your soul through the text and the tunes sung together. An additional partial term in the month of May is also being considered.

To help offset the costs of this choir, a \$95 registration fee per term (\$45 students) is requested but partial or full subsidies are available, and money should not be a barrier to participation. You are welcome to come for a few sessions to try it out at no cost or obligation. We are confident in the spiritual practice we are providing and the high quality of the leadership. If, however, the mix isn't quite right for you, we understand. Please register online at broadviewunited.com



Brian Tate is a popular Victoria choral director and music leader, known for his teaching skills, eclectic repertoire, accessible and fun arrangements, and his ability to have people from all levels and backgrounds singing together.

MUSIC MINISTRY

Chancel Choir

Dates: Thursday Evening, Sept - April **Time:** 6:30 – 7 pm

Place: Commons

Leader: Kelly Orr



This is an additional opportunity for folks who are a part of the community choir to practice for 30 mins prior to the regular community Choir rehearsal to sing some 4-part harmony pieces that would once a month be shared at the 9:30 Bridge Service.

Handbell Choir / group

Dates: 1st and 3rd Mondays of the month, Sept – June
(Starting Sept 16.)

Time: 7 – 8:30 pm **Place:** Sanctuary

Leader: Cheryl Dennett



Have you ever played a handbell before? Curious to learn? This is an opportunity to learn a variety of pieces of music. You don't need to be able to read music, basic skills needed will be taught. This group will share their gift of music a couple of times during the church year during a service.

Kids' Community Choir

Date: Thursdays in 6-week blocks, beginning Sept 19

Time: 3:15 pm – 4:30 pm

Leader: Cheryl Dennett



Elementary school aged children 5-10yrs are invited to participate in our Kids' Community Choir. This is a free choir for children to come as they are and to experience a musical space where we will have fun, connect, sing, move, and play. Choir time will be 45 minutes with snack and hangout time built in before and afterwards. Six sessions of approximately 6 weeks from September to June will be offered. The choir will share the music during worship a few times during the year.

Cheryl Dennett, our resident drummer, is a specialist in leading children of all ages. Check out Cheryl's website for more information about her experience and approach to music education. www.cherylmusic.ca

LGBTQ COMMUNITY

Reconstructing Christmas Retreat:

A Time for Restorative Yoga with Gagan Leekha

Leadership: Affirm Team and Gagan Leekha

Date: Saturday, Nov 30th, 11 am - 4 pm



Save a half day for a retreat for collectively resting and reconstructing your vision for Christmas. Starting with cooking at 11 am and mindful eating at 12, this retreat is open to all, prioritizing BIPOC and/or LGBTQ/TI2S+ folks. We invite you to a time of “Restorative Yoga” and poetry, with Gagan Leekha. Gagan has facilitated yoga in transition houses, with newcomer groups, frontline workers and in BIPOC and queer affinity spaces. Her approach is gentle and emphasizes choice and options to help foster safety and accessibility. Her practice is influenced by her family Sikh faith and culture, Buddhist teachings, and social justice. We will explore: Creating space within the body and mind; building resilience; learning about dāna. Dāna (दान) is a Sanskrit and Pali word for the virtue of generosity. Please register via [Jotform](#) on BVU website.

Victoria Pride Parade

Date: Sunday, July 6th, 2025

Time: 11 am

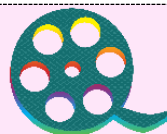


Each Year BVU is proud to march in the Victoria Pride Parade in support and celebration of LGBTQ2S+ members of our community and Victoria as a whole. We also walk together with other United Churches of Southern Vancouver Island. A planning group will come together in late May. Talk to Mark or Ha Na if you'd like to be a part of this planning group.

Pride Film Festival

Dates: Wednesday – Thursday July 2 & 3rd, 2025 **Time:** 7 pm

Place: Commons **Cost:** \$5 / film



Come both as members of the 2SLGBTQ+ community and Allies to explore the joys and challenges of queer life and love through the eyes of cinema. Two carefully chosen and curated films will be shown, and the discussion follows during Pride week. Concession provided.

HEALING PATHWAY MINISTRY

What do we mean by healing?

Healing is a term that indicates the process of restoring harmony and wholeness to body, mind and spirit.

What is the Healing Pathway Ministry?

The Mission of the Healing Pathway Ministry within the United Church of Canada is:

- To renew the Church's role in healing
- To reach out to those in need of healing in body, mind and/or spirit
- To encourage its practitioners in their persona, Spirit-centered healing journey

Healing Sessions

Both distance healing (when recipient not physically present to the healer) and "in-person" healing sessions are offered by the practitioners. Both are equally powerful because the essential transmission of healing energy happens through intention and meditation.

How do I book a session?



Sessions begin on **Monday, September 9th at 7:pm** in the Chapel at Broad View United Church. We have booked the room for Mondays from 1:00 to 3:00 in the afternoons and 7:00 to 8:30 in the one evening session which is the first Monday of the month (except for the first one). The schedule for September is Monday, September 9th at 7:00, Monday, September 16th at 1:00, Monday, September 23rd at 1:00 and Monday, September 30th at 1:00. Our first group meeting will be September 28th from 9:00 – 11:00 in the Chapel unless otherwise announced. People who are interested in joining the group should have taken the first Phase of Healing Pathways or are planning to take the course, in the near future. If you want to book a treatment or would like more information. contact Eileen Campbell: ecchome@shaw.ca

SMALL GROUP MINISTRY

Small Group Information and Sign-up Sessions

Four drop-in sessions to choose from!

When: Sunday, Sept. 8 10:30-11:00 am & 12:15-12:45 pm

Sunday, Sept. 15 10:30-11:00 am & 12:15-12:45 pm

- Are you looking for a place to get to know others - a place of spirituality and nurture?
- Are you new to Broad View United and want a place to meet and connect with others?
- A place where friendships can deepen, and support can be given and received?
- A place where you can be known, valued and loved?



It can be difficult to get to know one another in a big community such as BVU. Being in a Small Group gives you the opportunity to get to know others in a way that is not possible in a larger gathering.

Small Groups consist of 5-10 people who meet regularly (usually once/month) either in-person, (church or participant homes) or online. Small groups provide a place to develop relationships of caring based on authentic communication, learning together and deepening one's commitment to living with passion and integrity.

We are a large amalgamated faith community. Joining a Small Group is an ideal entry point to get to know others at a deeper level.

- Plans are in the works to add several new groups this Fall (Including a group on the West Shore/Langford area)
- Some groups have openings for new members.
- WANT to be in a group with one or two friends. We can arrange this!

It's all about



To speak to someone now about joining a small group, please reach out to Margaret Harper margaret@broadviewunited.com

EXPLORING JUSTICE

Palestinian Solidarity Film Series

Date: September 15, October 20 and November 17

Time: 7 pm **Place:** BVU Sanctuary



Join us at BVU for the Palestinian Solidarity Film Series! The films aim to deepen historical understanding and foster conversation. Following each screening, a speaker will lead a discussion to encourage thoughtful and compassionate engagements. Concession provided.

Sept 15th, 7 pm | The film: The Great Book Robbery

Chronicles of a cultural destruction tells the story of 70,000 Palestinian books that were looted by the newly created State of Israel in 1948.

Oct 20th, 7 pm | The film: Israelism

(co-sponsored with Independent Jewish Voices)

When two young American Jews raised to unconditionally love Israel witness the way Israel treats Palestinians, their lives take sharp left turns. Their stories reveal a deepening generational divide over modern Jewish identity.

Nov 17th, 7 pm | Reel Bad Arabs

This groundbreaking documentary dissects a slanderous aspect of cinematic history that has run virtually unchallenged from the earlier days of silent film to today's biggest Hollywood blockbusters.

National Day of Remembrance and Action on Violence Against Women

Date: December 6, 2025

Time: 6 pm

Place: BVU Sanctuary



It has been over 30 years since the murder of 14 young women at Polytechnique Montréal (December 6, 1989). This act of violent misogyny shook our country and led Parliament to designate December 6 as The National Day of Remembrance and Action on Violence Against Women.

On December 6, we remember these women and enlarge our focus to light memorial candles for others who are victims of gender-based violence. As we mourn their loss and remember their lives, we reaffirm our commitment to fight the hatred that led to this tragedy, and the misogyny that still exists today.

RECONCILIATION

The Village Workshop

Facilitator: Kathi Camilleri

Date: Saturday Nov 16th, 2024 **Time:** 9 - 4pm

Cost: \$50 (lunch included) \$25 for low income/Students



An in-depth experiential workshop exploring the effects of Canada's policy of assimilation and residential schools and its impact on the values and intricately beautiful way that village life was organized before colonization. This workshop seeks to help individuals be a part of the healing that is underway in a non-shaming way that invites questions to be asked and is geared to finding solutions and recovering lost values. This workshop may be triggering for some, and support people will be in place during and after the event.

Kathi Camilleri is an Aboriginal Woman with over 23 years of experience as a Cultural Safety Practitioner, Workshop Facilitator, Keynote Speaker and Community Engagement Specialist. She holds a master's degree in leadership studies and certificates in CBT and DBT and trauma informed specialties.



Kairos Blanket Exercise

Date: Spring of 2025

Cost: \$20 (students/low income \$5)

Facilitators: Janet Gray, Susan Draper and Lillian Underwood (elder)



Developed in collaboration with Indigenous Elders, Knowledge Keepers and educators, the KAIROS Blanket Exercise (KBE) is an interactive and experiential teaching tool that explores the historic and contemporary relationship between Indigenous and non-Indigenous peoples in the land we now know as Canada. During this 2 to 3-hour workshop, participants step on blankets representing the land and into the role of First Nations, Inuit and Métis peoples. Interconnections and generational effects of colonization become clear to help create empathy and understanding of our history. Debriefing is a part of the process.

RECONCILIATION

National Day for Truth and Reconciliation Vigil

Date: Monday Sept 30th **Time:** 10 am

Place: Sanctuary

(You are encouraged to wear your orange shirt and there are orange shirts for sale in the BVU Thrift Store)



This short Vigil will help us mark the beginning of Truth and Reconciliation Day to remember the genocide and loss related to Residential Schools and the overall effects of Colonialization. This 20 min service will be a time of lamenting, remembering, honouring and re-committing ourselves to the path of Reconciliation. Participants will be invited to then head to the Royal Athletic Park to attend this year's South Island Powwow to celebrate First Nations culture. Grand Entry at 12 noon and 6pm.

Broad View United - Staff



Rev. Ha Na Park
Co-Lead Minister



Rev. Mark Green
Co-Lead Minister



Rev. Margaret Harper
Pastoral Care &
Small Group Minister



Rev. Shelagh MacKinnon
Pastoral Care &
Transition Minister



Janiena Dirain
Receptionist



Rev. Min-Goo Kang
Intercultural Program
Minister



Oscar Mangahas Jr.
Office Administrator



Micia Kanstrup
Children & Family
Coordinator



Jake Highfield
Youth Ministry
Coordinator

Broad View United Core Values

Our core values as inspired by the teachings of Jesus and affirmed by this community are:

PROGRESSIVENESS

- Transformative
- Innovative
- Responsive

CONNECTEDNESS

- Safe and Welcoming (inclusive)
- Accessible
- Sustainable
- Intercultural
- Reconciliation
- Affirming

INTEGRITY

- Relationships
- Partnerships
- Youth Engagement
- Growing Church Community
- Combating Social Isolation



Broad View
— UNITED —

3703 St. Aidan's St., Victoria, BC V8P 2V7
9 AM - 4:30 PM Monday - Friday

LEARN MORE



Contact Us
+250-590-3677



Our Website
www.broadviewunited.com